

NAUI Skin Diver Course

Overview: This is a certification course in snorkeling and breath-hold diving. Upon successful completion of this course, graduates are considered competent to engage in open water breath-hold diving activities without supervision, provided the diving activities and the areas dived approximate those of training.

Pre-requisites: 12 years of age (8 for Junior Certification)

Time Commitment: Approximately 10 hours

Dives: 2 dives

Cost: \$300 (Additional costs may apply for pool time and/or rental gear)

Basic Outline:

- Skills:
 - Swimming Skills
 - Skin Diving Skills
 - Confined/Open Water
 - Open Water
- Academic Requirements
 - Applied Sciences
 - Physics
 - Physiology
 - Medicine
 - Equipment
 - Purpose
 - Features
 - Types
 - Use
 - Diving Safety
 - Accident prevention
 - Rescue & First Aid
 - Dive Planning
 - Buddy Diving
 - Safety Measures
 - Emergency Procedures
 - Environment
 - Conservation
 - Hazards
 - Entry/Exit Techniques
 - Activities
 - What to do now...